#### **California National Guard**

# FAMILY PROGRAM

### **Our Mission**

Enhance readiness and quality of life for Service Members and their Families by providing information, referral, support services, specialized training, and youth events that promote resilience and well-being

### **Our Vision**

A team of innovative professionals committed to effectively delivering extraordinary programs and services to Service Members and families.

### **Our Values**

Compassion
Communication
Integrity
Excellence
Teamwork
Respect

### **FAMILY ASSISTANCE CENTERS**





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California National Guard Family Program 9800 Goethe Rd Box 54 Sacramento, CA 95827



CALIFORNIA NATIONAL GUARD

Family & Service Member Support Program

PROGRAN

RAMILLY



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## FAMILY ASSISTANCE

Family Assistance Centers (FAC) provide a variety of referral based services to Service Members and their families from all military components. There are 16 FACs regionally dispersed throughout the state.

### SIX ESSENTIAL SERVICES

- Financial Resources & Referral: We can help you understand your pay/LES, apply for a grant, connect you with financial counselors, or get financial assistance
- ID Cards and Defense Enrollment Eligibility Reporting System (DEERS) Resource & Referral: We can provide you information on the nearest place to get an ID card or enroll in DEERS
- Legal Resources & Referral: Get connected with JAG or civilian resources for powers of attorney, wills, Service Member Civil Relief Act, and Employer Support of the Guard and Reserve
- TRICARE Medical and Dental Resources & Referral: Discover medical and dental benefits, medical and dental applications, and locating providers
- Crisis Intervention & Referral: We can help you navigate situations of domestic abuse, child abuse, danger to self and/or others, etc
- Community Information & Referral:
   We can connect you with community
   resources that can help with your needs
   as well as connect you with your Family
   Readiness Group or Child and Youth
   Program

### **OUTREACH**

Providing outreach to military families ensures they are well-informed and taken care of during their Service Member's absence. Our FAS' reach out to families of deployed Service Members every month to ensure their needs are being met. During disasters and catastrophic events, Family Assistance contacts Service Members whose home of record is in the affected to obtain their status and offer assistance when needed. We are constantly striving to improve our means of communication to guarantee our Service Members and families have the information they need to be successful.

24/7 Helpline 1-800-449-9662

### FAMILY READINESS SUPPORT

Family Readiness Support Assistants (FRSA) are assigned at the Brigade level and provide administrative and logistical support to Commanders, in addition to managing the Family Readiness Group (FRG) volunteer program. FRSAs are a vital link between the commander, families. and the FRG, which allows deployed Soldiers to remain mission focused while their families' well-being is sustained. FRSAs assist Command with volunteer recruitment and recognition programs and manage volunteer travel. They also ensure volunteer forms are maintained, hours are tracked. and volunteers are trained. If interested in becoming an FRG volunteer, contact the unit's command team or Brigade FRSA.

### CHILD & YOUTH PROGRAM (CYP)

CYP provides services and enrichment programs to National Guard children and youth including Life Skill Development, Educational Support, Community Outreach, Support Networks, and Specialty Programming. As military children, Guard youth face unique challenges dealing with separation from a parent, difficulties with school, and feelings of geographical isolation. The ARNG CYP serves children and youth ages 6 through 17 and provides opportunities for them to develop physical, mental, leadership, and social skills while building friendships.

CYP conducts numerous fun and educational activities and events around the state each year, including overnight family retreats and a 3-day State Teen Symposium.

Moving forward, our goal is to increase participation in upcoming events. Volunteer involvement is also key to our success. If you are interested in volunteering at youth events, contact CYP.

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